



July 2025

Lighthouse Suites



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legend</u> Light House -Main Lounge (LH-m) room to room (Rm) Individual Rooms (IR) SB Chapel (SBC) Main Lounge (ML) Resident Home Area (RHA) Lighthouse Suites (LS) Courtyard (Cty) Sunset Cove (SC) Garden (G) Outdoor Event (OD) SB Garden (SB G) SB Theatre (SB T) South Dining Room (SDR) SB Goderich theater (SBT) Sunset Cove Balcony (SBC) Lighthouse dining room (Din)		Canada Day 1 Wear Red & White Day 9:15 Sparkling Specs (IR) 10:30 Horse Races (ML) 11:00 Watching News (LH-m) 11:00 Family Visits (Rm) 2:00 Canada Day Celebration (SC)	2 9:15 Sparkling specs (LH-m) 10:30 Manicures (Rm) 11:00 Family Visits (Rm) 2:00 Bingo (LH-m)	3 9:15 Hand Massage (IR) 10:30 Fun and Fitness (LH-m) 11:00 Family Visits (Rm) 11:00 Wheel of fortune (youtube) (LH-m) 2:00 Euchre (LH-m)	4 9:15 Poetry reading (IR) 10:30 Horse Races (LH-m) 11:00 True or false trivia (LH-m) 11:00 Family Visits (Rm) 2:00 BINGO (LH-m)	5 9:10 Friendly Visits (Rm) 10:00 walking club (OD) 11:00 Family Visits (Rm) 2:00 Root beer Floats in the Courtyard (SB G)
6 9:10 Room Visits (Rm) 11:00 Family Visits (Rm) 2:00 Sunday Social (LH-m)	7 9:00 Shark Week 9:15 One to one visits (IR) 10:00 Devotional Reminiscing (RHA) 10:30 Physio Stretch (LH-m) 11:00 Trivia (LH-m) 11:00 Family Visits (Rm) 2:00 Pot Painting (LH-m)	8 9:15 Sparkling Specs (IR) 10:30 Horse Races (ML) 11:00 Name that tune (LH-m) 11:00 Family Visits (Rm) 2:00 Bingo (LH-m)	9 9:15 Nail Art (LH-m) 10:30 Praise & Inspiration with First Baptist (SBC) 11:00 Family Visits (Rm) 2:00 Golden Girls (SB T)	10 9:15 Hand Massage (IR) 10:30 Fun and Fitness (LH-m) 11:00 Word Games (LH-m) 11:00 Family Visits (Rm) 2:00 Euchre (LH-m) 2:30 Devotional Time with Julian (SBC)	11 9:15 Poetry reading (IR) 10:30 Horse Races (LH-m) 11:00 PUZZLES (LH-m) 11:00 Family Visits (Rm) 2:00 Entertainment with Ron (Cty)	12 9:10 Friendly Visits (Rm) 11:00 Family Visits (Rm) 2:00 Bubble Party in the Courtyard (Cty)
13 9:00 National French Fry Day 9:10 Calendar visits (Rm) 10:30 Balloon Ball (LH-m) 11:00 Family Visits (Rm) 1:45 Sunday Movie (SDR) 2:00 Air Fry Social Time in the Courtyard (ML)	14 9:15 One to one visits (IR) 10:30 Physio Stretch (LH-m) 11:00 Trivia (LH-m) 11:00 Family Visits (Rm) 2:00 Bingo (LS) 2:00 Celebration of Life Service (SBC)	15 9:15 Sparkling Specs (IR) 10:30 Horse Races (ML) 11:00 Name that tune (LH-m) 11:00 Family Visits (Rm) 2:00 Smoothies & Sunshine in the Courtyard (G)	16 9:15 Nail Art (LH-m) 10:00 Music Therapy With Dana (RHA) 10:30 Praise & Inspiration with Trinity Reformed Church (SBC) 11:00 Family Visits (Rm) 2:00 Movie (SBT) 2:00 Bible Study (RHA) 2:00 July Birthday Party (RHA)	17 9:15 Hand Massage (IR) 10:30 Fun and Fitness (LH-m) 11:00 Current events (LH-m) 11:00 Family Visits (Rm) 2:00 Euchre (LH-m) 2:30 Devotional Time with Julian (SBC)	18 9:15 Poetry reading (IR) 10:30 Horse Races (LH-m) 11:00 True or false trivia (LH-m) 11:00 Family Visits (Rm) 2:00 BINGO (LH-m)	19 9:10 Friendly Visits (Rm) 11:00 Family Visits (Rm) 2:00 Outdoor Walks & Freezies (OD)
20 9:10 Calendar visits (Rm) 10:30 Balloon Ball (LH-m) 11:00 Family Visits (Rm) 2:00 Sunday social (LS)	21 9:15 One to one visits (IR) 10:30 Physio Stretch (LH-m) 11:00 Trivia (LH-m) 11:00 Family Visits (Rm) 2:00 Clay Play (LH-m)	22 9:15 Sparkling Specs (IR) 10:30 Horse Races (ML) 11:00 Name that tune (LH-m) 11:00 Family Visits (Rm) 2:00 BINGO (SC)	23 Vanilla Ice Cream Day 9:15 Nail Art (LH-m) 10:30 Praise & Inspiration with Bethel Pentecostal Assembly (SBC) 11:00 Family Visits (Rm) 2:00 Vanilla Ice Cream - Garden Social (G)	24 9:15 Hand Massage (IR) 10:30 Fun and Fitness (LH-m) 11:00 Word Games (LH-m) 11:00 Family Visits (Rm) 2:00 Euchre (LH-m)	25 9:15 Poetry reading (IR) 10:30 Horse Races (LH-m) 11:00 PUZZLES (LH-m) 11:00 Family Visits (Rm) 2:00 CHIRSTMAS in July Social (G) 2:00 Entertainment with Ron (Cty)	26 9:10 Friendly Visits (Rm) 11:00 Family Visits (Rm) 2:00 Afternoon tea and cookies in the courtyard (SBC) 2:00 Bingo (LS)
27 9:10 Calendar visits (Rm) 10:30 Balloon Ball (LH-m) 11:00 Family Visits (Rm) 1:45 Sunday Movie (LS)	28 9:15 One to one visits (IR) 10:30 Physio Stretch (LH-m) 11:00 Trivia (LH-m) 11:00 Family Visits (Rm) 2:00 Nature Collage (LS)	29 9:15 Sparkling Specs (IR) 10:30 Horse Races (ML) 11:00 Name that tune (LH-m) 11:00 Family Visits (Rm) 2:00 BINGO (SC)	30 9:15 Nail Art (LH-m) 10:00 Music Therapy with Dana (RHA) 10:30 Praise & Inspiration with St George Anglican Church (SBC) 11:00 Family Visits (Rm) 11:00 Music with Deb Shelley (RHA) 2:00 Basket Pong game (LH-m) 2:00 Resident Council & Food Service Committee (Din)	31 9:15 Hand Massage (IR) 10:30 Fun and Fitness (LH-m) 11:00 Current events (LH-m) 11:00 Family Visits (Rm) 2:00 Snippy the Clown in the Courtyard (Cty) 2:00 Euchre (LH-m) 2:30 Devotional Time with Julian (SBC)		



July 2025

Lakeview Suites



SOUTHBRIDGE
CARE HOMES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Canada Day Wear Red & White Day 9:15 Sparkling Specs 10:30 Beach Ball Toss 11:00 1:1 Friendly Visits 2:00 Canada Day Celebration	9:15 Friendly Visits 10:30 Manicures 10:30 Praise & Inspiration with Chaplian Bonnie 2:00 Wednesday Afternoon Movie	9:15 Sparkling Specks 10:30 Ladder Ball 11:00 Music and Tea 2:00 Thursday Afternoon Bingo	10:30 Cornhole Bean Bag Toss 11:00 Games Morning 2:00 Art and Painting Afternoon	9:15 Morning Greetings 10:30 Walking Groups 11:00 Coffee and News Club 2:00 Root beer Floats in the Courtyard
10:15 Sunday Virtual Church	9:00 Shark Week 9:15 Friendly Visits 10:30 Courtyard Walks 2:00 Making Summer Suncatchers	9:15 Sparkling Specs 10:30 Beach Ball Toss 11:00 1:1 Friendly Visits 2:00 BINGO	9:15 Friendly Visits 10:00 PT Group Class 10:30 Manicures 10:30 Praise & Inspiration with First Baptist 2:00 Bible Study 2:00 Freezies Outside	9:15 Sparkling Specks 10:30 Ladder Ball 11:00 Music and Tea 2:30 Devotional Time with Julian	10:30 Cornhole Bean Bag Toss 2:00 Entertainment with Ron	9:15 Morning Greetings 10:30 Walking Groups 11:00 Coffee and News Club 2:00 Bubble Party in the Courtyard
9:00 National French Fry Day 10:15 Sunday Virtual Church 11:00 Garden Walks 2:00 Air Fry Social Time in the Courtyard	9:15 Friendly Visits 10:30 Balloon Volleyball 2:00 Games Afternoon 2:00 Spiritual Prayer	9:15 Sparkling Specs 10:30 Beach Ball Toss 11:00 1:1 Friendly Visits 2:00 Smoothies & Sunshine in the Courtyard	9:15 Friendly Visits 10:00 Music Therapy With Dana 10:00 PT Group Class 10:30 Manicures 10:30 Praise & Inspiration with Trinity Reformed Church 11:00 Music with Deb Shelley 2:00 Art & Painting Afternoon 2:00 July Birthday Party	9:15 Sparkling Specks 10:30 Ladder Ball 11:00 Music and Tea 2:00 Thursday Afternoon Bingo 2:30 Devotional Time with Julian	10:30 Cornhole Bean Bag Toss 11:00 Adult Coloring 2:00 Friday Afternoon Movie	9:15 Morning Greetings 10:30 Walking Groups 11:00 Coffee and News Club 2:00 Outdoor Walks & Freezies
10:15 Sunday Virtual Church	9:15 Friendly Visits 10:30 Courtyard Walks 2:00 Games Afternoon	9:15 Sparkling Specs 10:30 Beach Ball Toss 11:00 1:1 Friendly Visits 2:00 BINGO	Vanilla Ice Cream Day 9:15 Friendly Visits 10:00 PT Group Class 10:30 Manicures 10:30 Praise & Inspiration with Bethel Pentecostal Assembly 2:00 Vanilla Ice Cream - Garden Social	9:15 Sparkling Specks 10:30 Ladder Ball 11:00 Music and Tea 2:00 Making a Memory Collage	10:30 Cornhole Bean Bag Toss 2:00 CHIRSTMAS in July Social 2:00 Entertainment with Ron	9:15 Morning Greetings 10:30 Walking Groups 11:00 Coffee and News Club 2:00 Afternoon tea and cookies in the courtyard
10:15 Sunday Virtual Church 11:00 Garden Walks 2:00 Sunday Afternoon Movie	9:15 Friendly Visits 10:30 Balloon Volleyball 2:00 Games Afternoon	9:15 Sparkling Specs 10:30 Beach Ball Toss 11:00 1:1 Friendly Visits 2:00 BINGO	9:15 Friendly Visits 10:00 Music Therapy with Dana 10:00 PT Group Class 10:30 Manicures 10:30 Praise & Inspiration with St George Anglican Church	9:15 Sparkling Specks 10:30 Ladder Ball 11:00 Music and Tea 2:00 Snippy the Clown in the Courtyard 2:30 Devotional Time with Julian		



July 2025

Sunset Cove Suites



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legend</u> Individual Rooms (IR) Sunset Cove (SC) sunset - main lounge (SUNS) Sunset- TV room (SCtv) Resident Home Area (RHA) SB Chapel (SBC) Light House -Main Lounge (LH-m) Garden (G) Court yard (Cty) SB Garden (SB G) Activity Room (AR) Sunset Cove Balcony (SBC) Main Lounge (ML) Outdoor Event (OD) Dinning room (Dr) Lighthouse dining room (Din)		Canada Day 1 Wear Red & White Day 9:00 Walk and Talk (IR) 10:00 FIREWORKS!! (SCtv) 2:00 Canada Day Celebration (SC)	9:00 Chatting in the dinning room (IR) 2 10:30 Praise & Inspiration with Chaplian Bonnie (SBC) 2:00 You name we play it ! (AR)	9:00 Friendly Visits (IR) 3 10:00 PT Fitness Class - Sunset (SC) 11:00 Brain Teasers (SC) 2:00 Euchre (LH-m) 2:00 Live Piano Concert HD - Anna Fedorova - (SCtv)	10:00 Beach Ball Free For All! (SUNS) 4 2:00 Gourmet Coffee on the Balcony (SBC) 2:00 Rocking 50's Music (SCtv)	2:00 Root beer Floats in the Courtyard (SB G) 5
2:00 Win Lose or Draw (SUNS) 6	9:00 Shark Week 7 10:30 Chair Yoga Dance Class - With Sherry Zak Morris (SUNS) 11:00 horse racing (SUNS) 2:00 Frisbee in the Garden (SB G) 2:00 Spiritual Prayer (RHA)	9:00 Good Morning Chats (IR) 8 10:00 Hangman on Tuesday (SCtv) 2:00 Trivia Corner (RHA)	9:00 Chatting in the dinning room (IR) 9 10:00 Mellow Morning music - 50's easy listing (SC) 10:30 Praise & Inspiration with First Baptist (SBC) 11:00 Music with Deb Shelley (RHA) 2:00 Garden Walks (G)	9:00 Friendly Visits (IR) 10 10:00 PT Fitness Class - Sunset (SC) 2:00 Euchre / Cards (LH-m) 2:30 Devotional Time with Julian (SBC)	9:00 Sparkling Specs (IR) 11 10:30 Rhythm and Moves (AR) 11:00 Current Events (SUNS) 2:00 Entertainment with Ron (Cty)	2:00 Bubble Party in the Courtyard (Cty) 12
9:00 National French Fry Day 13 2:00 Air Fry Social Time in the Courtyard (ML)	10:00 Devotional Reminiscing (RHA) 14	9:00 Walk and Talk (SC) 15 10:30 Balloon Volleyball (SUNS) 2:00 Smoothies & Sunshine in the Courtyard (G)	9:00 Dining Room Chit Chats (IR) 16 10:00 Music Therapy With Dana (RHA) 10:30 Praise & Inspiration with Trinity Reformed Church (SBC) 2:00 Garden Walks (G) 2:00 Music with the Betty Fonville (RHA) 2:00 July Birthday Party (RHA)	9:00 Friendly Visits (IR) 17 10:00 PT Fitness Class - Sunset (SC) 11:00 Ring Toss (SUNS) 2:00 Euchre (LH-m) 2:30 Devotional Time with Julian (SBC)	10:00 Balloon Volleyball (SUNS) 18 2:00 Country and Western with Coffee (SC)	2:00 Outdoor Walks & Freezies (OD) 19
10:30 Meditation Hour - relaxing videos with calming music (SCtv) 20	10:00 Mellow Morning - 50's and 60's Easy listing (SCtv) 21 10:30 Brain Teasers (SUNS) 2:00 Afternoon Art/Craft - Rock Painting Penguins (SC)	9:00 Good Morning Chats (IR) 22 10:30 Chair Yoga Dance Class (SUNS) 11:00 Ballroom Dance Championships (SCtv) 2:00 BINGO (SC)	Vanilla Ice Cream Day 23 9:00 Dining Room Chit Chats (IR) 10:30 Praise & Inspiration with Bethel Pentecostal Assembly (SBC) 2:00 Vanilla Ice Cream - Garden Social (G)	9:00 Friendly Visits (IR) 24 10:00 PT Fitness Class - Sunset (SC) 2:00 Euchre (LH-m) 2:00 Children's Choir Christmas Concert (SCtv)	2:00 CHIRSTMAS in July Social (G) 25 2:00 Entertainment with Ron (Cty)	9:00 Comfort Rounds AM (SC) 26 9:30 Morning Movie (SCtv) 2:00 Afternoon tea and cookies in the courtyard (SBC)
9:00 Dining Room Chats (Dr) 27 10:00 Morning Gospel Hymns (SCtv) 2:00 Beach Ball Free For All! (SUNS)	10:30 Morning Walks (SB G) 28	9:00 Good Morning Chats (IR) 29 10:30 Balloon Volleyball (SUNS) 2:00 BINGO (SC)	9:00 Dining Room Chit Chats (IR) 30 10:00 Music Therapy with Dana (RHA) 10:30 Praise & Inspiration with St George Anglican Church (SBC) 2:00 Painting with Bob Ross (SC) 2:00 Bible Study (RHA) 2:00 Resident Council & Food Service Committee (Din)	9:00 Friendly Visits (IR) 31 10:00 PT Fitness Class - Sunset (SC) 2:00 Euchre (LH-m) 2:00 Snippy the Clown in the Courtyard (Cty) 2:30 Devotional Time with Julian (SBC)		



July 2025

Tiger Dunlop Suites



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legend</u> Tiger Dunlop main lounge (TD-m) Activity Room (AR) Resident Home Area (RHA) Outdoor Event (OD) SB Chapel (SBC) Tiger Dunlop (TD) Courtyard (Cty)		Canada Day Wear Red & White Day 10:00 Physio Stretch (TD-m) 10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 coffee time (RHA) 11:00 Word Games (TD-m) 2:00 Outdoor Walks (OD) 2:00 Canada Day Celebration (SC)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Rhythm and Moves (TD-m) 10:30 Coffee Group (TD-m) 10:30 Praise & Inspiration with Chaplian Bonnie (SBC) 11:00 News and coffee (TD-m)	10:30 Coffee Group (TD-m) 10:30 Fly Swatter Balloon Volleyball (RHA) 11:00 Current Events (TD-m)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Balloon Volleyball (TD-m) 10:30 Coffee Group (TD-m) 2:00 BINGO (TD-m) 2:00 Outdoor Walks (OD)	10:30 Fun and Fitness (TD-m) 10:30 Coffee Group (TD-m) 2:00 Root beer Floats in the Courtyard (SB G)
10:00 Church Services on TV (TD-m) 10:30 Coffee Group (TD-m)	9:00 Shark Week 10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Move & Stretch (RHA) 10:30 Sparkling Specs (TD) 10:30 Coffee Group (TD-m) 2:00 Outdoor Walks (OD)	10:00 Physio Stretch (TD-m) 10:00 PT Fitness Class - Dunlop (AR) 10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 coffee time (RHA) 11:00 Word Games (TD-m)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Rhythm and Moves (TD-m) 10:30 Coffee Group (TD-m) 10:30 Praise & Inspiration with First Baptist (SBC) 11:00 News and coffee (TD-m) 2:00 Bible Study (RHA)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Coffee Group (TD-m) 10:30 Fly Swatter Balloon Volleyball (RHA) 11:00 Current Events (TD-m) 2:00 Outdoor Walks (OD) 2:30 Devotional Time with Julian (SBC)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Balloon Volleyball (TD-m) 10:30 Coffee Group (TD-m) 2:00 BINGO (TD-m) 2:00 Entertainment with Ron (Cty)	10:30 Fun and Fitness (TD-m) 10:30 Coffee Group (TD-m) 2:00 Bubble Party in the Courtyard (Cty)
9:00 National French Fry Day 10:00 Church Services on TV (TD-m) 10:30 Coffee Group (TD-m) 2:00 Air Fry Social Time in the Courtyard (ML)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Move & Stretch (RHA) 10:30 Sparkling Specs (TD) 10:30 Coffee Group (TD-m) 2:00 Spiritual Prayer (RHA)	10:00 Physio Stretch (TD-m) 10:00 PT Fitness Class - Dunlop (AR) 10:30 coffee time (RHA) 11:00 Word Games (TD-m) 2:00 Smoothies & Sunshine in the Courtyard (G)	10:00 Music Therapy With Dana (RHA) 10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Rhythm and Moves (TD-m) 10:30 Coffee Group (TD-m) 10:30 Praise & Inspiration with Trinity Reformed Church (SBC) 11:00 News and coffee (TD-m) 2:00 Outdoor Walks (OD) 2:00 July Birthday Party (RHA)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Coffee Group (TD-m) 10:30 Fly Swatter Balloon Volleyball (RHA) 11:00 Current Events (TD-m) 2:30 Devotional Time with Julian (SBC)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Balloon Volleyball (TD-m) 10:30 Coffee Group (TD-m) 2:00 BINGO (TD-m)	10:30 Fun and Fitness (TD-m) 10:30 Coffee Group (TD-m) 2:00 Outdoor Walks & Freezies (OD)
10:00 Church Services on TV (TD-m) 10:30 Coffee Group (TD-m)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Move & Stretch (RHA) 10:30 Sparkling Specs (TD) 10:30 Coffee Group (TD-m)	10:00 Physio Stretch (TD-m) 10:00 PT Fitness Class - Dunlop (AR) 10:30 coffee time (RHA) 11:00 Word Games (TD-m) 2:00 Outdoor Walks (OD) 2:00 BINGO (SC)	Vanilla Ice Cream Day 10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Rhythm and Moves (TD-m) 10:30 Coffee Group (TD-m) 10:30 Praise & Inspiration with Bethel Pentecostal Assembly (SBC) 11:00 News and coffee (TD-m) 11:00 Music with Deb Shelley (RHA) 2:00 Vanilla Ice Cream - Garden Social (G)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Coffee Group (TD-m) 10:30 Fly Swatter Balloon Volleyball (RHA) 11:00 Current Events (TD-m)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Balloon Volleyball (TD-m) 10:30 Coffee Group (TD-m) 2:00 BINGO (TD-m) 2:00 Outdoor Walks (OD) 2:00 CHIRSTMAS in July Social (G) 2:00 Entertainment with Ron (Cty)	10:30 Fun and Fitness (TD-m) 10:30 Coffee Group (TD-m) 2:00 Afternoon tea and cookies in the courtyard (SBC)
10:00 Church Services on TV (TD-m) 10:30 Coffee Group (TD-m)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Move & Stretch (RHA) 10:30 Sparkling Specs (TD) 10:30 Coffee Group (TD-m) 2:00 Outdoor Walks (OD)	10:00 Physio Stretch (TD-m) 10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Coffee Group (TD-m) 11:00 Word Games (TD-m) 2:00 BINGO (SC)	10:00 Music Therapy with Dana (RHA) 10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Rhythm and Moves (TD-m) 10:30 Coffee Group (TD-m) 10:30 Praise & Inspiration with St George Anglican Church (SBC) 11:00 News and coffee (TD-m) 2:00 Resident Council & Food Service Committee (Din)	10:00 PT Fitness Class - Tiger Dunlop (AR) 10:30 Coffee Group (TD-m) 10:30 Fly Swatter Balloon Volleyball (RHA) 11:00 Current Events (TD-m) 2:00 Outdoor Walks (OD) 2:00 Snippy the Clown in the Courtyard (Cty) 2:30 Devotional Time with Julian (SBC)		



July 2025

Algoma Suites



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legend</u> Main Lounge (ML) Algoma - main lounge (ALGO) Resident Home Area (RHA) Algoma suites (AL) SB Chapel (SBC) Sunset Cove (SC) Courtyard (Cty) Garden (G) SB Garden (SB G) Main lounge Courtyard (MLC) SB Goderich theater (SBT) Outdoor Event (OD) Sunset Cove Balcony (SBC) Lighthouse dining room (Din)		Canada Day 1 Wear Red & White Day 9:15 Friendly Visits (RHA) 10:30 Coffee Group (ML) 2:00 Canada Day Celebration (SC)	9:15 Friendly Visits (ALGO) 2 10:30 Praise & Inspiration with Chaplian Bonnie (SBC) 11:00 Music With Deb Shelley (RHA) 2:00 Games (AL)	9:15 Friendly Visits (RHA) 3 10:30 Sit and Fit (ML) 2:00 BINGO (ALGO)	9:15 Friendly Visits (ALGO) 4 10:30 Sit n Fit (ML) 2:00 Adult Coloring/Word puzzles (ML)	9:00 Sparkling specs (AL) 5 10:30 Daily Grind (ML) 2:00 Bowling in the Garden/ Games (ML) 2:00 Root beer Floats in the Courtyard (SB G)
9:00 Sparkling specs (AL) 6 10:30 Balloon Volleyball (AL) 2:00 Sunday Social Time (ML)	9:00 Shark Week 7 9:15 Friendly Visits (ALGO) 10:15 Manicures (ML) 10:15 Calendar Review (ML) 2:00 Spiritual Prayer (RHA)	9:15 Friendly Visits (RHA) 8 10:30 Cards and Games (ML) 2:00 Bowling In Algoma (RHA)	8:30 Breakfast Club (AL) 9 9:15 Friendly Visits (ALGO) 10:30 Praise & Inspiration with First Baptist (SBC) 2:00 Garden walks (MLC)	9:15 Friendly Visits (RHA) 10 10:30 Sit and Fit (ML) 2:00 BINGO (ALGO) 2:30 Devotional Time with Julian (SBC)	9:15 Friendly Visits (ALGO) 11 10:30 Sit n Fit (ML) 2:00 Movie (AL) 2:00 Entertainment with Ron (Cty)	9:00 Sparkling specs (AL) 12 10:30 Daily Grind (ML) 2:00 Bubble Party in the Courtyard (Cty)
9:00 National French Fry Day 13 2:00 Air Fry Social Time in the Courtyard (ML)	9:15 Friendly Visits (ALGO) 14 10:30 Sit n Fit (ML) 2:00 You tube Trivia (ML)	9:15 Friendly Visits (RHA) 15 10:30 Coffee Group (ML) 2:00 Smoothies & Sunshine in the Courtyard (G)	9:15 Friendly Visits (ALGO) 16 10:00 Music Therapy With Dana (RHA) 10:30 Praise & Inspiration with Trinity Reformed Church (SBC) 2:00 Movie (SBT) 2:00 Bible Study (RHA) 2:00 July Birthday Party (RHA)	9:15 Friendly Visits (RHA) 17 10:30 Sit and Fit (ML) 2:00 BINGO (ALGO) 2:30 Devotional Time with Julian (SBC)	9:15 Friendly Visits (ALGO) 18 10:30 Sit n Fit (ML) 2:00 Adult Coloring/Word puzzles (ML)	9:00 Sparkling specs (AL) 19 10:30 Daily Grind (ML) 2:00 Outdoor Walks & Freezies (OD)
2:00 Sunday Social Time (ML) 20	9:15 Friendly Visits (ALGO) 21 10:30 Sit n Fit (ML) 2:00 Manicures (ML)	9:15 Friendly Visits (RHA) 22 10:30 Cards and Games (ML) 2:00 BINGO (SC)	Vanilla Ice Cream Day 23 9:15 Friendly Visits (ALGO) 10:30 Praise & Inspiration with Bethel Pentecostal Assembly (SBC) 2:00 Vanilla Ice Cream - Garden Social (G)	9:15 Friendly Visits (RHA) 24 10:30 Sit and Fit (ML) 2:00 BINGO (ALGO)	Wear Red and White Day 25 9:15 Friendly Visits (ALGO) 10:30 Sit n Fit (ML) 2:00 CHIRSTMAS in July Social (G) 2:00 Entertainment with Ron (Cty)	9:00 Sparkling specs (AL) 26 10:30 Daily Grind (ML) 2:00 Afternoon tea and cookies in the courtyard (SBC) 2:00 Horse race (ML)
2:00 Sunday Social Time (ML) 27	9:15 Friendly Visits (ALGO) 28 10:30 Sit n Fit (ML) 2:00 Craft corner (ML)	9:15 Friendly Visits (RHA) 29 10:30 Coffee Group (ML) 2:00 BINGO (SC)	9:15 Friendly Visits (ALGO) 30 10:00 Music Therapy with Dana (RHA) 10:30 Praise & Inspiration with St George Anglican Church (SBC) 2:00 Painting with Bob Ross (SC) 2:00 Resident Council & Food Service Committee (Din)	9:15 Friendly Visits (RHA) 31 10:30 Sit and Fit (ML) 2:00 BINGO (ALGO) 2:00 Snippy the Clown in the Courtyard (Cty) 2:30 Devotional Time with Julian (SBC)		